

St. John's Rod and Gun Club

Indoor Archery Range Safety Regulations



1.0 Introduction

- 1.1 Archery is a very safe sport and we have done our best to offer a safe environment for all members, but it takes each archer to ensure that their movements and shooting activities do not present a danger to themselves or others. All members of a shooting group are responsible to monitor the shooting control and safety of all members in the group, as well as any other persons in the immediate area.
- 1.2 Before shooting begins, the Shoot Coordinator and or Range Safety Officers (RSO) must verify that all shooters are aware of and understand the Archery Range Operating and Range Safety Instructions.
- 1.3 The Shoot coordinator and or RSO may ask for shooting to cease if he/she identifies a safety concern
- 1.4 The Shoot Coordinator and or RSO has the right to not permit an individual to participate if it is felt that the individual in question is not safe or has violated any of the range safety rules.
- 1.5 In the event of an accident affecting persons and/or property, the RSO shall take any action deemed necessary at the time. Such action shall include the following:
 - 1.5.1 In the case of an injury to an individual, apply first aid and if necessary seek medical attention
 - 1.5.2 Notify the Chair of the archery committee
 - 1.5.3 Notify the police, if necessary

2.0 General Safety Guidelines for all Archery Activity

- 2.1 The target range has a designated shooting line, never nock an arrow or draw your bow unless you are at the designated shooting position.
- 2.2 Never carry your bow down range to collect your arrows. Bows must be left behind the shooting line at all times.
- 2.3 Only approved target/field points may be used on the ranges, no broadheads or blunt tips may be used.
- 2.4 Crossbows are not permitted at the indoor target range.
- 2.5 No alcoholic beverages or illegal substances may be carried or consumed on at the range at any time.
- 2.6 Never point a bow and arrow at another person.
- 2.7 Never draw your bow or shoot an arrow up in the air.
- 2.8 When drawing your bow you must keep your bow level with or below the height of your intended target. If you need to point your bow up in the air to draw it, you are pulling too much weight and you should lower the draw weight of your bow.
- 2.9 Wait for verbal commands like **SAFE TO SHOOT** from the designated safety officer or squad leader before approaching the shooting line. Archers must wait behind the shooting line until all archers have finished shooting and the **ALL CLEAR** command is given.
- 2.10 When looking for missed arrows, one member of your group must stay in front of the target at all times to ensure that the next group does not start shooting.

- 2.11 Never run, always walk towards targets.
- 2.12 Should any archer notice a potentially dangerous situation while archers are at the line a **CEASE FIRE** command must be called and shooting must stop immediately. If you are at full draw when a cease fire is called you must let down your bow and remove your arrow.
- 2.13 Individuals under the age of 16 can only shoot while under the supervision of a parent, guardian or other designated responsible adult.
- 2.14 Avoid physical contact with an archer in the shooting position and never handle another archer's equipment without permission.
- 2.15 Do not use any damaged equipment.

3.0 Specific Indoor Archery Rules

- 3.1 Outdoor footwear cannot be worn in the gymnasium, please bring suitable footwear for range activity.
- 3.2 We have access to the stage area for equipment set up and storage. Please proceed there directly after registration.
- 3.3 The gymnasium floor must be treated as an active range at all times. Always proceed with caution when entering the gym and respect the shooting line at all times.
- 3.4 All archers and spectators must be behind the shooting line at all times while archers are shooting.
- 3.5 Archers will shoot a maximum of 3 arrows per end.
- 3.6 Never nock an arrow unless you are on the shooting line and always keep bow and arrow pointed down range when nocking and arrow.
- 3.7 All shooting will take place on a 1, 2 or 3 line rotation depending on the number of shooters present.
- 3.8 Once the shooting lines have been determined, archers will select their target position on that target butt (left/right, top/bottom) and should stay with that position for that scoring round or a reasonable period of time. You can change target locations throughout the shoot but please be respectful of those archers scoring a round and try not to interfere with them or their target.
- 3.9 There is no problem with archers sharing a target face provided they agree to do so in advance.
- 3.10 To help keep a good pace, archers that are shooting on the second line should be ready to take the line when the first archer on that position has finished. You do not need to wait for the entire line to finish before taking your position, just your fellow archer in that lane.
- 3.11 Once all archers have finished shooting and the **ALL CLEAR** command is given all arrows can be collected.
- 3.12 To help accommodate all shooting styles and skill levels we have several different target facings to choose from.
- 3.13 All archers should straddle the shooting line with one foot in front and one foot behind.
- 3.14 In the interest of safety and to help prolong the life of our target butts please reduce bow poundage to a maximum of 60lbs.

- 3.15 You must keep your bow pointed at the target butt at all times during the draw cycle. If you made an adjustment to your equipment and need to confirm if your sights are on please ask to place a target butt closer to the shooting line and have someone spot you from behind to ensure you are on target.
- 3.16 When pulling arrows from a target, always stand to one side and ensure that no one is directly behind you.
- 3.17 Arrows should be pulled in the order they were shot. The first two shooters on that target butt should pull first while the other shooters on that butt are standing a minimum of 4' from the target butt.
- 3.18 When archers are shooting a scoring round all arrows should be scored before any arrows are pulled.
- 3.19 Once you return from collecting arrows you must wait for the **SAFE TO SHOOT** command before taking the line for your next end.
- 3.20 All archers **MUST** be insured through a full or temporary SJRGC membership to participate in any SJRGC archery shoot.